



THE SCHOOL FOR BODY-MIND CENTERING®  
Movimiento Atlas

PRACTITIONER PROGRAM

SENSES AND PERCEPTION 2

This course is a continuation of Senses and Perception 1. In order to perceive clearly, our attention, concentration, motivation or desire must actively focus us on what it is we are to perceive. This process patterns our interpretation of sensory information, and without this active focusing, our perception remains poorly organized. The active aspect of perception can be explored theoretically and experientially along with its relationship to development, the interrelationship of the different senses, and the process by which we can expand our choices in responding to ourselves, others and the world.

This course includes:

- How the senses/perceptions support and manifest in the BNP.
- The developmental progression and integration of the senses.

Prerequisites: Completion of Somatic Movement Education Program

Minimum course length: 6 days, 42 class hours

Price: 770 € (720 € if full tuition is paid earlier than two months from the beginning of the course)

Dates: August 9 - 15, 2024

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