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THE SCHOOL FOR BODY-MIND CENTERING®
Movimiento Atlas

INFANT DEVELOPMENT MOVEMENT EDUCATION PROGRAM

INFANT DEVELOPMENTAL MOVEMENT EDUCATION 2 (IDME 2)

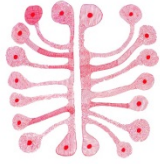
The focus of the Infant Developmental Movement Education courses are on learning a non-invasive, playful and heartfelt approach to interacting with infants and their families and on applying the developmental movement material specifically in facilitating normal movement in infants.

This course includes:

- Developmental assessment and movement repatterning skills in working with infants in relation to their parents, caregivers and other family members.
- Developmental assessment and movement repatterning skills in working with infants in relation to daily activities and environment.
- Educational activities.
- Professional issues in working with infants, parents and caregivers.
- Professional issues in working as an infant developmental movement educator.

Minimum course length: 10 days (5 per course), 70 hours (35 per course)

Price: 650 € per course (600 € if paid earlier than two months from the beginning of each course)



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IDME 2: COURSE OUTLINE

1. Orientation.
2. Assessment, facilitation and play.
3. Container and content.
4. Organs.
5. Fluids/membrane balance and PFR.
6. Lymph, synovial and interstitial fluids.
7. Blood and CSF balance.
8. Embryological development.
9. Basic neurocellular patterns.
10. RRR from weight shifting to crawling.
11. Development of the senses and language.
12. Development and integration of the upper limbs and upper body.
13. Development and integration of the lower limbs and lower body.
14. Facilitation for babies between 0 and 3 months.
15. Facilitation for babies between 4 and 6 months.
16. Facilitation for babies between 7 and 9 months.
17. Facilitation for babies between 10 and 12 months.

APPLICATIONS IN MOVEMENT REPATTERNING

1. Newborn: bonding and nursing.
2. Embryological foundations of the development of central core.
3. Development of Brain Levels
4. Organization of physiological rhythms and attunement through vibration, cellular breathing, embryological breathing and fluid rhythms.
5. Balancing gravity (blood, organs & bone marrow); levity (CSF, glands, periosteum), resilience and rebound (labyrinthine, RR & ER).
6. Establishing continuity of flow through skeletal leverage.
7. Establishing continuity of flow through spiraling in transitions and handling.

PROFESSIONAL ISSUES

1. Pregnancy and birth.
2. Applications and the role of an Infant Developmental Movement Educator (IDME).
3. Safe handling of infants.
4. Organizing baby-parent groups.
5. Refining observation skills. Setting up observation sessions, use of observation forms, role of observer.
6. Supporting and communicating with parents, caregivers & other professionals.
7. Toys, play and interactions with babies & parents.
8. Questions, self-care and integration.

VIDEOS/INFANT GUESTS/SPECIAL FOCUS

This is a time for students to view relevant videos or to observe faculty doing sessions with babies and families who will visit during the course.